

Multiracial Identity Formation

For Parents:

Books:

“Does Anybody Else Look Like Me?: A Parent's Guide to Raising Multiracial Children”

By: Donna Jackson Nakazawa

“The Construction of Racial Identity in Children of Mixed Parentage: Mixed Metaphors”

By: Ilan Katz

For Elementary Age Children:

Books:

“We're Different, We're the Same” By: Bobbi Kates

“Whoever You Are” By: Mem Fox

“The Colors of Us” By: Karen Katz

“All the Colors We Are/Todos los Colores de Nuestra Piel: The Story of

How We Get Our Skin Color” By: Katie Kissinger

“Why Am I Different?” By: Norma Simon

For Counselors:

Books:

“Tomorrow's Children: Meeting the Needs of Multiracial and Multiethnic

Children in Schools” By: Francis Wardle

Journal Articles:

Cooney, Teresa & Radina, Elise. (2000). Adjustment Problems in Adolescence: Are Multiracial Children at Risk? *American Journal of Orthopsychiatry*, 70(4), 433–444. Harris, Henry. (2003). Multiracial Students: What School Counselors Need to Know. *ERIC Digest*, 1–6. Holcomb–McKoy, Cheryl. (2005). Ethnic Identity Development in Early Adolescence: Implications and Recommendations for Middle School Counselors. *ASCA: Professional School Counseling*, 9:2, 120–126. Shih, Margaret & Sanchez, Diana. (2005). Perspectives and Research on the Positive and Negative Implications of Having Multiple Racial Identities. *American Psychological Association*, 131:4, 569–589. Schwartz, Wendy. (1998). The Identity Development of Multiracial Youth. *ERIC/CUE Digest*, 137, 1–9. Schwartz, Wendy. (1998). The Schooling of Multiracial Students. *ERIC/CUE Digest*, 138, 1–10.